



# THE JOURNAL

# Happy Holidays

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## Making a Difference A Mothers Love

This is the story of Love, whose name is Veronica Cabada, dedicated philanthropist. She has a double degree in Finance/Management from the University of Texas at El Paso. Veronica has been working for a Fortune 100 company for over twenty-three years in upper management and has achieved numerous awards for her dedication to customer service. She is the Mother of three children, Johann Sebastian, Angeles, Europa Cabada, an 18-year old wrestler, and Luis Enrique Cabada, 16 years old. With the passing of her first born, Johann Sebastian, Veronica has embarked on a journey to fight for victims' rights and be the voice for the unheard. Her personal story is inspirational, one of the trials, tribulations, and TRIUMPH! A purposeful and gifted life teacher, she is passionate about helping those who are broken in spirit. Her mission is to build the core of their existence through love and faith. Married for 15 years, they were together for a total of 20 years, and she had a fairy tale wedding. Divorce followed and she became lost and felt driven to succeed. The rest of her story is about the struggle to protect her son, Johann Sebastian.



Veronica Cabada

When pregnant, she had to undergo emergency surgery and almost lost her own life. Her son, even at birth and during the pregnancy, was fighting for his life. Talk about the Power of Love, especially a Mother's Love, he overcame the obstacles and things were coming along. In the 4th grade, an illness overtook him. Doctor Canales, their wonderful physician referred them to another doctor. Her son would twitch and suffered childhood depression and anxieties. Classmates would laugh and tease, but because he also had many friends, it never crossed Veronica's mind he was being bullied. Teachers would write him up for making noises, which were part of his syndrome. The bullying continued.

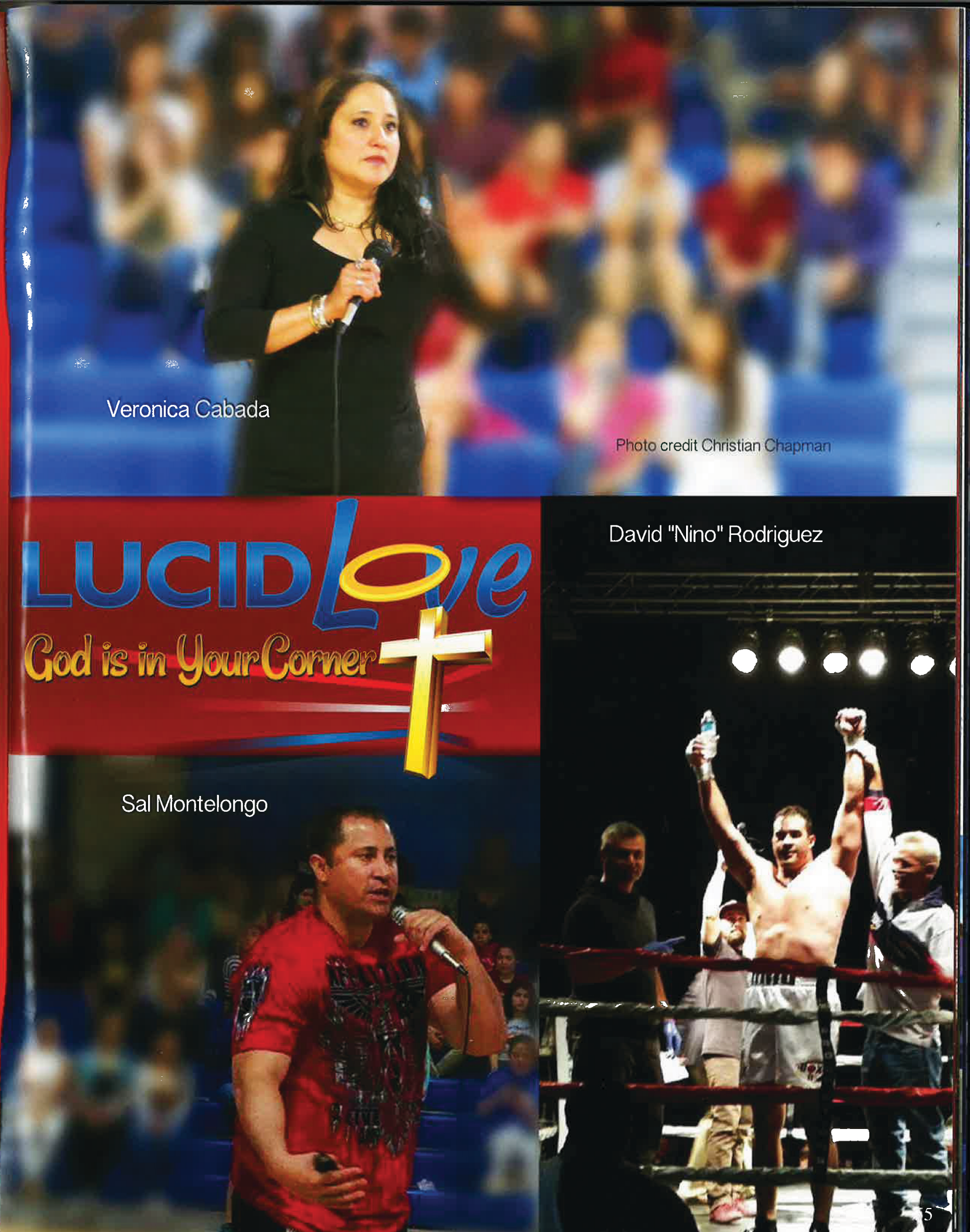
In middle school, he was still suffering from his attacks physical, mental and emotional, but didn't tell Mom. He started smoking pot, dressing in dark colors and general was self medicating himself. All this was happening during the divorce. Veronica has a positive attitude and although it was challenging, as a single Mom, she researched for answers. Her Dad, Enrique, was supportive, and at the time she had two other children, ages 12 and 15 years old, to look after. Taking her son to a 90-day support group, she advises parents that support groups for kids are important.

In October 2011, he was dragged by a Mercedes Benz and suffered a broken collar bone, severe road rash throughout his body, and PTSD. Veronica's son survived after a stay in the hospital, but was suicidal. Going back and forth to the hospital was devastating. To see her boy, who was loving and giving, going through one thing after another was overwhelming. Upon making Johann's acquaintance, he would go straight to your heart. Veronica advises we must respect our children and be aware of what they are going through on a daily basis. "My son taught me so much; he went back to school and continued to fight. He eventually shared with me all that had happened to him and that he didn't want to live anymore." He spoke his piece and it gave him a measure of peace. Then he found out he was going to be a father. He passed away May 12th after taking a drug that ended his life. "I thank God I had my son for 17 years. It's about spirituality and his was a spiritual soul. He loved others for who they were, not how they looked, dressed or what they possessed financially."

The practice of bullying seems to be rampant in many high schools. There are untold numbers of adults who do not attend high school reunions 20, 30, or 50 years later because they have no happy memories of high school and don't care to renew acquaintance with those who made their lives miserable. That many remember it as the best times of their life, and others cringe at the remembrance, is

quite awful when you consider a little kindness would have made the difference in remembering. Bullying by any other name is simply an act of terrorism. Children are terrorized daily at school and even on the internet. It is evil and cruel. Nothing justifies the practice. If you possess self-esteem, you don't build yourself up and bolster your self confidence at another's expense. Bullying is ugliness personified, and there is really no place for it in a civilized society. If someone is different, thank God for the diversity in our humanity. If we were all the same, it would be unbearable. Respect yourself and others by being kind and generous in your thoughts and words. Don't extract pleasure from inflicting suffering on others. As stated above, bullying is actually a low act of terrorism.

Lucid Love is a non-profit organization dedicated to build the core of our existence with love and faith. Funded by contributions to instill a future for broken people, it pays for educational tools such as basketball and boxing camps, health fairs, seminars, health coaching, etc., to help gain confidence in oneself and respect for others. Founded by Veronica Cabada in 2014, in loving memory of Johann, Sal Montelongo, a humanitarian, is Director of Lucid Love. A decorated athlete, he believes helping one child at a time and ensures all of their unique needs are addressed. Prior to working for the non-profit organization, Sal found strength through the belief in one's self and now holds a basketball ball camp that preaches self-love and respect for others. His belief is to help one child at a time to ensure all of their unique needs are addressed. Another Popular name David Rodriguez, a decorated heavyweight world top ten contender, He holds a spectacular record of 36-2-34 knockouts with 24 of them coming by way of the first round. David has since taken a hiatus from professional boxing to take on a new fight, bullying. David now speaks on his life experiences as a youngster and professional fighter and the different stages and forms of bullying he encountered. Join David on his new endeavor. The fight against bullying. Lucid Love's battle cry "God is in Your Corner," resonates in every schoolyard, playground, and corner of the world where sufferers from bullying are found. In the loving memory of Johann Sebastian Cabada, may we all add Rest in Peace, Child of God. May your memory bring happiness to others in the future through the efforts of Lucid Love as it does to your Mom Veronica each day. For more information contact Lucid Love, (915) 342-8907 or (915) 875-2339 ask for the experts Veronica, Sal & David or visit them at [www.lucidlove.org](http://www.lucidlove.org) or email them [lucidlove3@yahoo.com](mailto:lucidlove3@yahoo.com)



Veronica Cabada

Photo credit Christian Chapman

David "Nino" Rodriguez

# LUCID Love

God is in Your Corner

Sal Montelongo